Self-Advocacy Research Project

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What We Did and Where We Are Now

- Purpose
- Research questions
- Group discussion #1
- Group discussion #2
- Group analysis
- Present and publish
Definition of Self-Advocacy

- Speaking up for yourself and others.
Different Ways We Self-Advocate

- Sharing people’s stories
- Gathering data and information
- Educating people about issues and concerns
- Talking to policy makers
- Organizing for political power
- Voting
Disability-Specific Discrimination

The definition is: being treated differently because you have a disability and are not being included because you have a disability.
Disability-Specific Discrimination

Here are some examples:

- Keeping people with disabilities away from society, like in institutions.
- Labeling people with disabilities, like treating adults with disabilities as forever children.
- Negative attitudes about disability, like making fun of people or not allowing them to make their own decisions.
- Lack of working together, like when the disability community doesn’t work together.
Solutions

- Working together (building coalitions across communities)
- Educating people (writing a position paper - legislatures, organizations)
- Advocating to change laws
- Showing how to advocate to all generations
- Leadership training
Solutions

- Sharing experiences and stories
- Changing people’s ideas about disability
- Joining disability organizations and getting involved
- Speaking up
- Not giving up
- Voting
Breakout Room Discussion Questions

- What does self-advocacy mean to you?
- What does self-advocate mean to you?
- What does the self-advocacy movement mean to you?
- What are current problems you face with self-advocacy?
- What are solutions?
- How do we keep the self-advocacy movement alive?
Collective Share Out
THANK YOU!

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