



SARTAC

Self Advocacy and Beyond

SARTAC
Fellows:

Advancing
Self
Advocacy
through
Leadership
and Policy

ABOUT THE FELLOW

- ▶ Grace Hart
- ▶ Washington, DC
- ▶ Autistic Person's Guide to Hillternships
- ▶ Hosted by National Council on Independent Living (NCIL)



AUTISTIC PERSON'S GUIDE TO HILLTERNSHIPS

- Create resources for autistic people who want to intern on Capitol Hill
- Resources:
 - Website
 - One pagers
 - Tour Guide

HELPING SELF ADVOCATES FIND JOBS ON CAPITOL HILL

Gain Gain policy experience

Share Share ideas with staff

Find Find jobs on Capitol Hill

Make Make Capitol Hill more accessible

Write Write laws for disabled people

WEBSITE

5

- ▶ Created autistichilltern.com to share information now and after the fellowship
 - ▶ Blog
 - ▶ Videos
 - ▶ Contact information / Social media



ONE-PAGERS

- ▶ Currently making one-pagers about topics related to hillternships
 - ▶ Introduction to hillternships
 - ▶ Apply and interviewing for a hillternship
 - ▶ Accessibility on Capitol Hill
 - ▶ Turning your internship into a job

CAPITOL HILL TOUR GUIDE

7

- ▶ Power Point about how to give a Capitol tour
 - ▶ Difficult part of internship for autistic people
 - ▶ Fun way to see the Capitol during COVID



MY PROJECT AND CAREER

- ▶ Started new job as a federal relations specialist in April, 2020
- ▶ My project helped me:
 - ▶ Discuss disability topics with my coworkers
 - ▶ Create internship resources for the students at my university system
 - ▶ Be a part of the disability community while working in a different unrelated field



UNIVERSITY
OF ILLINOIS
SYSTEM



BECAUSE OF MY PROJECT...



I learned how to write in plain language



I learned about website accessibility



I gained the confidence to let my beliefs influence my career





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The Self Advocacy Resource and Technical Assistance Center (SARTAC) seeks to strengthen the self-advocacy movement by supporting self advocacy organizations to grow in diversity and leadership. The resource center is a project of Self Advocates Becoming Empowered (SABE), the oldest national self-advocacy organization in the country. SARTAC is a Developmental Disabilities Project of National Significance, funded by the Administration For Community Living – Administration on Intellectual and Developmental Disabilities (AIDD). The information in this product was written to provide guidance for self advocates and their allies to assist in understanding policy issues affecting their lives. It is not to be used to determine a person's legal rights or an organization's legal responsibilities under Section 504 of the Rehabilitation Act of 1973, as amended; the Americans with Disability Act of 1990, as amended or any other federal, state or local laws written to protect the rights of people with disabilities.