What the Heck is VT LEND?
Explore a new Opportunity – the VT LEND Program at UVM

SARTAC PRESENTATION
DATE: MARCH 25, 2021 TIME: 1:00-2:00 PM
Welcome and Introductions

Who we are!
- Stirling Peebles, 2nd Year LEND Trainee
- Mary Alice Favro, Training & Clinical Director of VT LEND
- Skye Peebles, Public Health Faculty at VT LEND
- Bidur Dahal, Education Coach & Outreach Professional
- We all live in Vermont.

VT LEND
preparing leaders across health professions
Introduce yourselves!

- Who are you?! Please say hello in the chat box.
What is VT LEND?

Leadership Education in Neurodevelopmental Disabilities

Photo from https://www.uvm.edu/honorscollege
How long is VT LEND?

• September – May (9 months)
• At UVM (but is remote/online so you can be anywhere)
What do you do in LEND?

• 2 Classes – one in fall & one in spring
• 10 Monday afternoon trainings
• Have a faculty mentor
• Write a Leadership Goal Plan
• Internship
• Learn about policy, advocacy and how laws are made
Who can be a Trainee in VT LEND?

- Self-Advocates
- Teachers
- Nurses or health professionals
- Family members
- Social Workers
- Physical or occupational therapists
- Speech Language Pathologists
- Direct Support Professionals
- And more!
Who can be a Trainee in VT LEND?

VT LEND takes 12 trainees each year

• This can be your first college experience
• You can keep working while you are in VT LEND
• You can live anywhere in the U.S. or U.S. territories
Even if there is a LEND in your own home state or territory, you can apply to be part of VT LEND!

Map of LEND Programs by State (from https://www.aucd.org/directory/directory.cfm?program=LEND)
Education Coach

- Writes class materials in plain language
- Meets with trainees one on one
- Offers help and coaching with class assignments (like book report)
- Supports trainees to be organized and manage their time/schedules. (Time management is key!)
- Helps with Student Accessibility Services Office
<table>
<thead>
<tr>
<th>Hot Topics about VT LEND!</th>
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<tr>
<td>Working with people from different cultures &amp; Person centered care</td>
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<td>Policy and advocacy (speaking up)</td>
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<td>Being a Leader</td>
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Working with people from different cultures

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Person Centered Care

Photo by Gayatri Malhotra on Unsplash

Photo by Andrew Butler on Unsplash
Policy and Advocacy – also known as Speaking Up!

Standing outside Sen. Bernie Sanders

Meeting with Sen. Patrick Leahy
Being a Leader
Disability Rights

Brandon Training School Dorm (photo from https://ddsd.vermont.gov/brandon-training-school)
Having a Disability

All pictures from Pexels.com and used with gratitude.
Is VT LEND free?

- Each person gets paid a stipend
- VT LEND pays for the 2 online courses everyone takes (pays tuition)
- Trainees/fellows go to one conference: the AUCD conference.
  - VT LEND will pay for the conference registration.
  - If the conference is in person, the money for travel, hotel and food will come from your stipend.
Mentoring

Trainees & Fellows 2020-21

Faculty & Staff 2020-21
Teamwork

VT LEND giving a presentation
What are your questions?

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VT LEND Contact Information

- VT LEND Website: http://www.med.uvm.edu/vtlend/home
- Learn how to Apply: http://www.med.uvm.edu/vtlend/applying
- Phone: (802) 656-0204
- Email: Ivania Mangas ivania-belen.ruiz-mangas@med.uvm.edu