https://selfadvocacyinfo.org/

- Go to the Home Page
- Scroll down to the bottom
- On the left click on a graphic that looks like this

Links to Videos and Resources Shared During SARTAC Zoom Meetings

- The recordings and resources
Sexual Self-Advocacy... to boldly go where all have gone before
Welcome! By being here you have already given yourself a very important message: it is okay to be interested in learning about sexuality and talking about sexuality as a self-advocacy issue. This is an important place to start.
No Personal Stories About Sexuality
NOTE!

We need you to know that there are a mandated reporters on this zoom meeting. If we hear anyone talk about being hurt, or hurting someone we will have to tell someone about it.
Group Agreements

Respect. We don’t all have to agree – but we do need to respect each other.
What do you think of when you hear the word sexuality?

- Sexuality is more than having sex
- It's about intimacy and feeling connected.
- It's about relationships: how we relate to others and how others relate to us
- It's about how we feel about being a man or a woman.
- It's about how we identify
What barriers do you face when it comes to expressing your sexuality and having relationships?
As far as sexual self advocacy goes we have said clearly:

We are sexual beings. Sexual Self-Advocacy is:
Feeling good about yourself.
Feeling comfortable meeting people, flirting and asking somebody to dance.
Being free about your sexuality like if you are gay, straight, or lesbian, or bi-sexual or transgender.
Sexual self advocacy is

We want to know about being sexual. How to be safe and healthy. We want to have relationships

-- we choose who with
-- how fast or slow we go
-- and shaped by our own values
What does sexual self-advocacy mean to you?
What kinds of things do you do or say?