

## Self advocacy start-up toolkit tip sheet

### More power, more control over our lives!



## How Do You Find An Advisor?

It is important to make sure you find somebody you can trust.

Talk with your group members and decide what you are looking for in an advisor.

- What skills or talents will they need?
- What are the job requirements?
- Do they need to experience being an advisor?



### Use your network:

Ask people you know and trust if they would be interested in being an advisor. Your friends and family know the type of support you need. They might know someone that they trust that can help your group.

### Interview:

Don't be afraid to interview several people. Have a list of questions ready so you do not forget to ask them about things that are important to you. Here are some questions you might want to ask:

- How do they feel about working with people with disabilities?
- Do they support the self advocacy movement?
- Do they have enough time in their life to support the group as an advisor?

### Make a group decision:

Choosing an advisor is an important decision that has to be made by the whole group. Talk about each possible advisor with your group to see how they feel about that person.