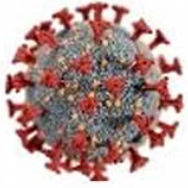


HEALTHY TIPS DURING COVID-19



COVID-19 IS A VIRUS THAT SPREADS FROM PERSON TO PERSON

YOU CAN HELP STOP THE SPREAD OF COVID-19 BY:



- WASH YOUR HANDS WITH SOAP AND WATER FOR TWENTY SECONDS OR SING HAPPY BIRTHDAY!



- WEAR YOUR MASK



- IF YOU NEED TO SNEEZE, SNEEZE INTO YOUR ELBOW AND NOT YOUR HANDS



- USE HAND SANITIZER



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