A National Connection for Self-Advocates

Green Mountain Self-Advocates and SARTAC www.selfadvocacyinfo.org
PARTICIPANTS WANTED FOR RESEARCH STUDY

The National Center for Health Statistics is looking for adults (aged 18 and over) who have intellectual difficulty or need support in doing everyday things like learning new things, solving problems, and making decisions.

The interview will be on Zoom and not take longer than 60 minutes.

Participants will receive $40

CALL: 301-458-4579
E-MAIL: recruitmentteam@cdc.gov
Today's Topic

COVID-19 Update
The CDC Has A List Of Conditions of Concern for Covid

People who have one or more of these medical conditions are more likely to get very sick from COVID-19. And by very sick means it means you have more of a chance to:

- Be hospitalized
- Need intensive care
- Require a ventilator to help them breathe
- Die

In February, the CDC added different kinds of disabilities to this list. What that means is people with some types of disabilities may be more likely to get very sick from COVID-19.
The list includes:

- people with intellectual and developmental disabilities,
- birth defects, cerebral palsy, Down syndrome,
- attention-deficit hyperactivity disorder, learning disabilities, spinal cord injuries
- and “people with any type of disability that makes it more difficult to do certain activities or interact with the world around them, including people who need help with self-care or daily activities.”
CDC says these people should:

1. Stay up to date on COVID-19 vaccines. (at least 1 booster)
2. Use preventive measures like wearing masks and avoiding crowded spaces.

We know that “People with disabilities are more likely to have other health problems. Also lots of people with disabilities live in group homes. And many of us go to day programs where a lot of people are together inside.”
In summary, the CDC is saying there is research that found people with developmental disabilities to be at higher risk than others from COVID-19.
ELIGIBLE FOR

1 Booster

Everyone ages 12 years and older can get 1 booster after completing their COVID-19 vaccine first series of shots.
You are eligible for a 2nd COVID-19 booster if you:

- Are 50 years of age or older and got your first booster at least 4 months ago
- Are moderately or severely immunocompromised, 12 years of age or older, and got your first booster at least 4 months ago
- Got 2 doses of J&J/Janssen vaccine at least 4 months ago
Ask your doctor if you are immunocompromised

A few examples are:

- Getting cancer treatment
- Got an organ transplant
- Getting treatment to help your immune system
- Have an HIV infection
- Your doctor will know if you should get a 2nd booster